

How to dispose of unwanted items in Tokyo

GENERAL WASTE

<http://www.metro.tokyo.jp/ENGLISH/ABOUT/LINKS/municipalities.htm>
https://www.tokyo-icc.jp/guide_eng/gov/01.html

Find your "-ku" (Ward) or Municipal office on one of the above websites. Click "English" and search a folder called "Life Guide" or something similar. There you will find general rubbish collection information.

LARGE-SIZED WASTE (> 30cm)

[Bulky Waste Reception Center](#)

A fee is charged for this pickup and you need to apply for pick up in advance. Apply online 24 hours per day on the above website (up to 10 items per application). For more than 10 items, call your local Bulky Waste Reception Center (nr. on the website).

If you prefer pickup of your items, coupons (stickers) can be bought at some convenience stores. Find a complete list on the above website under "Bulky Waste Ticket Handling Site". Write your name, reservation number and collection day and attach the coupon to the large-sized waste for collection. Put the items in front of your house or at a designated site by 8am on collection day.

NO computers. [This company](#) collects and recycles your computer for a fee.

[Nishida Service](#)

Organizes the large-sized rubbish collection for you for a fee, get a free quote online.
Phone: 0120 953 053

DONATIONS (flea markets & charities):

[Family House](#)

NGO that supports people who have no place to stay. People often stay for several months.

Phone: 03 6206 837

Mail: jimukyoku@familyhouse.or.jp

Items needed (call prior to sending or dropping off items):

- Household goods: appliances, sanitary products, etc.

[Salvation Army](#)

Collects items for the Weekly Recycled Goods Bazaar

Phone: 03 5860 2992

Days: Monday, Tuesday, Thursday, Friday

Time: 9am to 4pm

Items needed (call them before sending or dropping off items):

- Clothes
- Electrical Appliances
- Furniture
- Books
- Crockery

[Sanyukai](#)

NPO that supports homeless people and street dwellers.

Phone: 03 3874 1332

Mail: info@sanyukai.or.jp

Location: Hibiya line "Minami-Senju station" 7 min walk from the south exit.

Items needed:

- Socks
- Towels
- Things for daily living

[Haberdashery Group "Orange Thrifty"](#)

Raise funds for Animal Refuge Kansai, Shimin Kikin Kobe.

Phone 078 858 7090

Mail: othriftyrokko@aol.com

Items:

- Clothes
- Kimono's

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- Shoes
- Bags
- Fabrics
- Accessories
- CDs & DVDs
- NO bedding, blankets, furniture, electrical appliances, underwear.

Send it by mail to the following address: Orange Thrifty Lifeway
3-1-208 Nagao-cho Nada Ward,
Kobe City

When you send items, indicate to which charity you want to receive the funds: "Kobe Animal Link", "Shimin Foundation KOBE". Orange Thrifty will contact you upon receipt of the donation. Add your contact details and phone number if you need to receive a tax receipt and phone call confirming receipt of the items.

[WE 21 Japan Shop](#)

Charity that has used clothing and homewares stores in Japan and sends tons of products overseas to support people in need.

Phone: 0467-76-0309 (call before sending or dropping off your items)

Shop list: http://www.we21japan.org/WE_shop_list2013314.pdf

If there is no WE Shop nearby, send donation goods to: WE21Japan
Eco-mono Center
822-1 Kozono Ayase-shi
Kanagawa JAPAN 252-1121

Items:

- Clothing, kimono
- Shoes
- Accessories, bags
- Kitchen utensils
- Stationery
- Toys

[Yofukupost - Clothes Post](#)

Items accepted (bring items in a clear plastic bag that can be left behind):

- Kimono
- Belt
- Underwear
- Shoes

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- Hats
- Bags
- Rain boots
- Stuffed animals
- NO clothing hangers

Drop off points:

[Clothes Post Ark Hills Marche](#)

When: 2nd Saturday Monthly 10am-2pm

Charity: <http://www.nagahoragenki.jp/> (7 yen per 1kg of clothes)

[Clothes Post Setagaya Yoda](#)

When: 3 times per year in May, August, and December

Check website for update: <http://daitarian.wixsite.com/y-post>

Where: Takamura Parking lot

(Odakyu Line Setagaya Daita station North entrance Lawson next door)

Here are the links to the [drop off dates](#) and [drop off locations](#).

[H&M](#)

Drop off textiles in any H&M store worldwide.

Items: Clothes, textiles from any brand in any condition (no shoes or accessories).

[UNIQLO](#)

Donations will support: Refugees, disaster survivors, homeless people, pregnant women and single mothers in need

Where: Drop items in box in the store

When: Shopping opening hours

Items: Used but washed UNIQLO clothing only



[Mottainai Flea Market](#)

Mottainai = "shame to waste"

Proceeds go to Tohoku restoration efforts, and the Green Belt Movement (plants trees in Kenya).

When: Every weekend at Tokyo suburbs such as Tokyo / Kanagawa / Saitama / Chiba (check the [calendar](#) for up to date information).

Items: second-hand clothes, DVDs, CDs, books

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NO: Cassette tapes in general, magazines, jobs such as garbage, socks, underwear, towels, bathing suits, dirty clothes, miscellaneous goods, single CD, record, sample version and CDs, DVDs, VHS, etc. recorded and recorded at home Oil, cracks (crocery, dishes etc.), flowerpot
Where to donate: "Resource Recovery Corner" at each market.

[Tokyo International School Fundraiser Events](#)

Call before you drop off items to check if they accept your items (otherwise, find someone with a child in that school to donate items on your behalf).

Items should be in good, usable condition.

You might need to pay a small charge that allows the school to get rid of unsold items.

[Tokyo Union Church Annual Fundraiser](#)

The church puts on two major fundraisers during the year; a flea market in spring and a bazaar in the fall. Check the website for updated information.

SELL (time-consuming and do not expect great returns):

[2nd Street](#)

High end clothes and designer wear.

[Harajuku Chicago](#)

High end clothes and designer wear.

Unsold items are shipped overseas for reuse and recycling.

[Craigslist Tokyo](#)

Classified advertisements for 2nd hand items.

["OFF" stores \(Book-Off, Hard-Off, Off-Home, Mode-Off, Hobby-Off\)](#)

The store is a great location to dispose of the items you no longer want. Don't expect big returns.

Pack all your items together in a clear transparent bag and bring an ID.

Go to the counter labeled "買い取り". You will get a number while an employee "values" your items. You will hear your number via a loudspeaker when they're done.

Decide what items you want to sell or donate (if they offer nothing).

Write your name and address on a form, sign it and get paid on the spot.

Be aware; certain stores only accept specific items:

- Hard Off: Hardware, electronics, games, instruments, DVDs, and CDs.
- Mode-Off: (In-season) Clothes, accessories, shoes, and purses.

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- Off-House/Home-Off: Home appliances, baby goods, clothes, purses, shoes, kitchen appliances, fine china, yukata/kimonos, and toys.
- Hobby Off: Stuffed animals, figurines, collectables, collectable cards, anime paraphernalia and stickers.
- Garage Off: Anything that would go in a garage (large appliances, lawn appliances, and some small furniture)
- Book Off: Books, DVDs, and CDs.

If you can't keep your items until they're "in-season" you can donate them to the Off Store, meaning you will not get paid, but they will take your items.

[Book a booth/table at a flea market to sell your items](#)

Phone: 03-3412-6857

Email: frma@frma.jp

Time: (Mon) - (Fri) 10:00-16:00 (excluding national holidays)

Approx cost per site: starting at JPY 2,000 per booth bring ID and pay cash on the day.

Membership options for booths seems to be available.

Items: recycled household items.

[Recycler Campaign](#)

Book a booth/table at a flea market to sell your items.

Advance reservation is required by phone.

Phone: 03 3226 6800 (push "6" and call the clerk).

Time: 10 am to 12 noon on weekdays, from 1 pm to 4 pm

Schedule upcoming events: <http://www2.recycler.jp/schedule.php?month=2018-03>

ONLINE GIVE/TRADE/SELL GROUPS

[JAPAN Online Flea Market - Facebook group](#)

Sell personal unwanted things.

Read "description" before posting an item.

[Mottainai Japan - Facebook group](#)

Saving the environment by passing on unwanted items for free.

All posts are for free products, no selling is allowed.

[Tokyo Garage Sale Pickup Only](#)

Read the guidelines before posting your item for sale.

[Japan Garage Sale](#)

For giving, selling and buying kids-related items.

[Japan Garage Sale Everything Else](#)

Buy and sell, or give away goods (except for kids/maternity items, see link above).

[In Search Of Japan](#)

Looking for or getting rid of second hand items.

[Tokyo Sayonara Sales](#)

For selling used or good-condition goods.

[FARIS Buy and Sell](#)

Sell or buy new and used good Japan.

[Tokyo Freecycle](#)

Computers, futons, clothing, etc. No item is too big or too small.
All items must be offered for free.